

**2022 OFSAA WEST REGIONAL TRACK & FIELD SCHEDULE (SANDWICH SS)**

**FRI MAY 27**

**TRACK**

**FIELD**

1:00 pm

Novice Boys Pole Vault

2:00

Open Girls 2000 m Steeplechase Final  
Open Boys 2000 m Steeplechase Final

Novice Girls Long Jump  
Junior Girls Triple Jump  
Senior Girls High Jump  
Novice Boys Shot Put  
Junior Boys Discus  
Senior Boys Javelin

2:30

Novice Girls 80 m Hurdle Semi-Finals  
Junior Girls 80 m Hurdle Semi-Finals  
Senior Girls 100 m Hurdle Semi-Finals  
Novice Boys 100 m Hurdle Semi-Finals  
Junior Boys 100 m Hurdle Semi-Finals  
Senior Boys 110 m Hurdle Semi-Finals

3:15

Novice Girls 100 m Semi-Finals  
Novice Boys 100 m Semi-Finals  
Junior Girls 100 m Semi-Finals  
Junior Girls 100 m Semi-Finals  
Senior Girls 100 m Semi-Finals  
Senior Boys 100 m Semi-Finals

3:30

Novice Girls Shot Put  
Novice Girls Pole Vault  
Junior Girls Discus  
Junior Girls Javelin  
Novice Boys Long Jump  
Junior Boys Triple Jump  
Senior Boys High Jump

3:50

Novice Girls 400 m Timed Final  
Novice Boys 400 m Timed Final  
Junior Girls 400 m Timed Final  
Junior Boys 400 m Timed Final  
Senior Girls 400 m Timed Final  
Senior Boys 400 m Timed Final

**TRACK BREAK**

5:20 Novice Girls 80m Hurdle Final  
Junior Girls 80 m Hurdle Final  
Senior Girls 100 m Hurdle Final  
Novice Boys 100 m Hurdle Final  
Junior Boys 100 m Hurdle Final  
Senior Boys 110 m Hurdle Final

5:30 Novice Girls High Jump  
Junior Girls Long Jump  
Senior Girls Triple Jump  
Novice Boys Javelin  
Junior Boys Shot Put  
Senior Boys Discus

5:50 Ambulatory Girls & Boys 100 m Final  
Intellectually Impaired Girls & Boys 100 m Final  
Visually Impaired Girls & Boys 100 m Final  
Novice Girls 100 m Final  
Novice Boys 100 m Final  
Junior Girls 100 m Final  
Junior Boys 100 m Final  
Senior Girls 100 m Final  
Senior Boys 100 m Final

6:00 Junior Boys Pole Vault

6:20 Novice Girls 1500 m Final  
Novice Boys 1500 m Final  
Junior Girls 1500 m Final  
Junior Boys 1500 m Final  
Senior Girls 1500 m Final  
Senior Boys 1500 m Final

7:15 Novice Girls 4 x 100 Relay Timed Final  
Novice Boys 4 x 100 Relay Timed Final  
Junior Girls 4 x 100 Relay Timed Final  
Junior Boys 4 x 100 Relay Timed Final  
Senior Girls 4 x100 Relay Timed Final  
Senior Boys 4 x100 Relay Timed Final



**SAT. MAY 28**

**TRACK**

**FIELD**

8:00 am

Junior Girls Pole Vault

9:00

Senior Girls 200 m Semi-Finals  
Senior Boys 200 m Semi-Finals  
Junior Girls 200 m Semi-Finals  
Junior Boys 200 m Semi-Finals  
Novice Girls 200 m Semi-Finals  
Novice Boys 200 m Semi-Finals

Novice Girls Javelin  
Junior Girls Shot Put  
Senior Girls Discus  
Novice Boys High Jump  
Junior Boys Long Jump  
Senior Boys Triple Jump

9:30

Senior Girls 3000 m Final  
Senior Boys 3000 m Final

10:00

Senior Boys 400 m Hurdles Timed Final  
Senior Girls 400 m Hurdles Timed Final  
Junior Girls 300 m Hurdles Timed Final  
Novice Girls 300 m Hurdles Timed Final  
Junior Boys 300 m Hurdles Timed Final  
Novice Boys 300 m Hurdles Timed Final

10:30

Novice Girls Triple Jump  
Junior Girls High Jump  
Senior Girls Long Jump  
Novice Boys Discus  
Junior Boys Javelin  
Senior Boys Shot Put  
Senior Boys Pole Vault  
Para Shot Put  
(Boys & Girls – all divisions)

**TRACK BREAK**

11:30

Junior Girls 3000 m Final  
Junior Boys 3000 m Final

12:00 pm

Senior Girls 800 m Timed Final  
Senior Boys 800 m Timed Final  
Junior Girls 800 m Timed Final  
Junior Boys 800 m Timed Final  
Novice Girls 800 m Timed Final  
Novice Boys 800m Timed Final  
Ambulatory Girls & Boys 800 m Final  
Intellectually Impaired Girls & Boys 800 m Final  
Visually Impaired Girls & Boys 800 m Final

12:30

Novice Girls Discus  
Junior Girls Javelin  
Senior Girls Shot Put  
Novice Boys Triple Jump  
Junior Boys High Jump  
Senior Boys Long Jump

1:00

Senior Girls 200 m Final  
Senior Boys 200 m Final  
Junior Girls 200 m Final  
Junior Boys 200 m Final  
Novice Girls 200 m Final  
Novice Boys 200 m Final  
Wheelchair Girls & Boys 200 m Final

Senior Girls Pole Vault

1:30

Novice Boys 3000 m Final  
Novice Girls 3000 m Final

2:00

Open Girls 4 x 400 Timed Final  
Open Boys 4 x 400 Timed Final

